

Further Recommended Reading:

Ten Lessons to Transform Your Marriage: America's Love Lab Experts Share Their Strategies for Strengthening Your Relationship

[John M. Gottman](#) (Author), [Julie Schwartz Gottman](#) (Author), [Joan Declaire](#) (Author)

The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert

[John M. Gottman](#) (Author), [Nan Silver](#) (Author)

Why Marriages Succeed or Fail: And How You Can Make Yours Last

[John Gottman](#) (Author)

The Relationship Cure: A 5 Step Guide to Strengthening Your Marriage, Family, and Friendships

[John Gottman](#) (Author)

And Baby Makes Three: The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives

[John Gottman Ph.D.](#) (Author), [Julie Schwartz Gottman](#) (Author)