Outside the Square
psychology

TOILET RECORDING SHEET

Record the times that your child eats or drinks, and also whether they wee or poo in the toilet, or in pants. Fill in the time and tick the appropriate column.

TIME	DRINK/FOOD	WEES	POOS	PANTS	TOILET
8.30am	juice				
8.45am		X		X	

Kirsty Kerr, *Psychologist*